



# Quality-of-Life Daily Assessment

Use the key below to fill out the assessment chart daily to keep track of your pet's progress. Fill in the appropriate number for each category and then add the numbers from each category to fill in the total for that day. The maximum score is 12. You can use the Total Scale as a point of reference, or you can determine your own scale. You can even add categories that pertain to your pet's particular situation. For example, you may consider adding "Respiratory Rate" if your pet suffers from heart failure or lung cancer. You can give half or quarter points if appropriate

	SUN	MON	TUES	WEDS	THURS	FRI	SAT
Date							
Mobility							
Nutrition							
Hydration							
Interaction/ Attitude							
Elimination							
Favorites							
Total Scale							
Daily Notes							

## MOBILITY

- 2 Good mobility**- Gets around easily, enjoys walks/going outside of jumping up and down from surfaces.
- 1 Poor Mobility**- Difficult to get around, hard to get into position for elimination; short walks, or needs assistance getting up and down from surfaces.
- 0 Little to no mobility**- Requires assistance with all/most activities, pain meds and/or anti-inflammatories do not help.

## NUTRITION

- 2 Good appetite**- Eats most food without assistance during feedings, readily takes treats when offered.
- 1 Poor appetite**- Refuses half or more of food and needs enticing to eat, does not take most treats when offered.
- 0 No appetite**- Refuses most food and treats, take appetite stimulants regularly with little to no effect.

## HYDRATION

- 2 Adequate intake**- Drinks appropriate amounts of water by themselves.
- 1 Poor intake**- Refuses most water when offered; includes increased intake in some patients with certain disease processes.
- 0 Requires clysis** (subcutaneous fluids)- Refuses all water, or drinks extremely high amount with certain disease processes. Requires fluids more than three times per week to keep up with hydration demands.

## INTERACTION/ATTITUDE

- 2 Normal**- interacts normally with family and other pets on regular basis.
- 1 Lowered**- some interaction with family and other pets, decreased drive.
- 0 Abnormal**- hides in the closet or under the bed, or refuses to come inside when called.

## ELIMINATION

- 2 Normal**- Urinates and defecates regularly.
- 1 Irregular**- Reduced/increased urination and/or defecation, soft stool/diarrhea or hard stool/constipation.
- 0 Abnormal**- No urination and/or defecation, or inability to control bladder and/or bowels.

## FAVORITES

- 2 Normal**- Happily shows interest in favorite activities, hobbies, play-time, etc.
- 1 Decreased**- Hesitant or has little interest in doing favorite things.
- 0 No interest**- Does not show interest in favorite activities, even when prompted to participate.

## TOTAL SCALE

- 12-9:** Doing well.
- 6-8:** Requires intervention.
- 5 or below:** Consider euthanasia soon.